



# At a Glance...

## the North Valley Family YMCA at Porter Ranch

### WHO WE ARE

North Valley Family YMCA at Porter Ranch is the largest nonprofit, community service organization in the San Fernando Valley.

We meet health, education and childcare needs for more than 40,000 men, women and children yearly in the communities of Pacoima, Arleta, Sylmar, San Fernando, Mission Hills, Granada Hills, Northridge, Porter Ranch, Chatsworth and part of North Hills.

This culturally diverse area, with a growing Latino and Asian population, numbers more than 457,000, of which nearly 135,000 are children under 18 years of age.

### WHAT WE DO

We offer health & fitness programs including:

- > Fitness & Aquatics - 12,000 participants yearly
- > Nutrition & weight management
- > Computerized Fitlinxx program & fitness counselors in the Coach Approach program
- > Rehabilitation — cardiac, injury, healthy back
- > Health education & screenings

### OUR MANY OFFSITE PROGRAMS INCLUDE

- > Before & after school child care — 620 children weekly
- > Infant & preschool child care — 120 daily
- > Y Guides programs — 750 members yearly

- > Camping — 730 children weekly in Summer Day Camp and 540 youth and teens at YMCA Camp
- > Youth basketball, indoor soccer & volleyball — more than 1,700 members
- > Physical Education — 25,000 elementary school children weekly

### OUR LOCATIONS

Decentralized programs enable us to better serve the community at:

- > Porter Ranch — 34,000-sq.-ft, health & fitness center
- > Infant and Preschool child care center — 8,000 square feet next to Providence Holy Cross Medical Center
- > YMCA modular buildings — 14 elementary schools & Porter Middle School teen club
- > Middle school & high school gyms — 8 Youth Sports locations
- > 39 elementary schools — Physical Education

### OUR MISSION

The North Valley Family YMCA puts Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.

The YMCA works to strengthen families and to help people develop values and behavior consistent with Judeo-Christian principles. The YMCA welcomes everyone, regardless of age, race, faith or income.

## OUR OPERATIONS

Our operating budget of \$10 million comes largely from program fees (53%), with the remainder from membership (37%), contributions (9%) and childcare government grants (1%). Annually, we provide \$740,000 in direct financial aid to YMCA children and families.

A 44-member, volunteer board sets policy for the executive director, who oversees a staff of 28 career professionals, 26 full-time workers and 247 part-time and seasonal employees. Many young people gain their first employment experience with the YMCA, benefiting from YMCA leadership and interpersonal skills training. An additional 761 volunteers devote countless hours to fund raising, program leadership, office support and building projects.

## YMCA HISTORY & ORGANIZATION

The YMCA, founded in 1844 in London, spread to the United States in 1851 with the first location in Boston. In the San Fernando Valley, the YMCA began in 1927. The North Valley Family YMCA was organized in 1945. The YMCA facility in Northridge opened in February 1999 and, in March 2000, we opened our Youth Gymnasium and Family Activity Center.

The North Valley Family YMCA at Porter Ranch is the second largest branch of the YMCA of Metropolitan Los Angeles, which is a charter affiliate of the YMCA of the USA, a charitable nonprofit organization 501(c) (3). The YMCA national headquarters is in Chicago. YMCAs are active in 114 countries, with international headquarters in Geneva, Switzerland.