

North Valley Family YMCA at Porter Ranch

2010 Community Support Campaign

CASE FOR SUPPORT

Imagine what \$400,000 can do for this community.

Since 1945, the North Valley YMCA has changed the lives of youth, families, and individuals throughout all of the San Fernando Valley. We are so much more than just a fitness facility. In fact, we serve the health and social service needs of 40,000 men, women, and children. Many of our friends that rely on the character building and sometimes life-changing programs offered by the Y do so thanks to the thousands of scholarships awarded every year: scholarships made possible by the Community Support Campaign.

It is only through the support of individuals and companies that believe that the YMCA programs are vital to the quality of life in our community that we can hope to continue our mission of serving all of our neighbors in the Valley.

How Community Support Campaign Donations Make a Difference for our Community:

Preschool and After School Child Care

\$150,000 Assists 740 families

- *Provide enrichment activities in our childcare programs
- *Support families in an effort to meet their needs.
- *Promote character development within all programs
- *Provide quality full day childcare programs

Youth Sports

\$20,000 Gives resources to 1,700 girls and boys

- *Teach sportsmanship & values
- *Promote teamwork & character development

Membership Scholarships

\$100,000 600 families and individuals benefit

- *Provide adults/families with reduced cost annual memberships which give them opportunities to lead healthier, more productive lives

Junior Leaders/Teen Mentoring

\$10,000 Supports the future for 60 teens

- *Builds leadership opportunities and civic responsibility
- *Provide leadership training
- * Provide service-learning opportunities

Teen Club/Enrichment After School Programs

\$10,000 Enables 250 elementary and young teens

- * Provide academic & recreational enrichment activities
- * Provides team building, leadership activities

Residence Camping & Teen Leadership

\$40,000 Ensure the growth of 540 children

- * Provide experience in camping environment while developing their leadership skills
- *Youth learn responsibility, environment education and make friends

Papoose, Y-Guides & Y Trailblazers: Y Guides Programs

\$40,000 Strengthens 650 family relationships

- *Strengthen family relationship
- *Provide fun activities for parent & child to do together

School PE/ Nutrition/Healthy Fun Nights

\$10,000 Help more than 18,000 elementary school children 27 schools

- *Provide one-on-one and group counseling to prevent youth and adult obesity
- *Provide opportunities for peer groups and family experiences to ensure success
- *Create open environment for learning and growth
- *Provide physical exercise programs at schools

Family Strengthening/Family Fun Night/Family Nations & Community Family Night

\$20,000 Help 600 families

- *Parent Support & Education
- *Build Stronger bonds
- *Create time to be together & be more involved in their community

...pass it on

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\$75:

Feeds a child on scholarship with a nutritious, hot-meal daily for a month at preschools in Granada Hills and Mission Hills.

\$100:

Enables an elementary school child – otherwise home alone, isolated & unsupervised after school – to play and learn with other children each month at one of 14 North Valley YMCA childcare centers.

\$200:

Provides a scholarship for a teen from gang-plagued streets to get away for a week in the summer at YMCA's White's Landing Teen Beach Camp on Catalina Island.

\$1,000:

Gives two needy kids – five to 14 year olds – their first time ever to hike in the woods and sit around a campfire at Camp Round Meadow in Big Bear for a week.

\$400:

Gives a financially strapped mom & dad and their kids a YMCA scholarship membership, allowing the whole family to exercise, have fun together and make friends at the North Valley YMCA.

\$300:

Enables an elderly adult with limited income to remain active, healthy and be with others as a North Valley scholarship member for a year.

\$4,000:

Provides for 10 young kidney patients (accompanied by nursing staff) to have the trip of a lifetime: camping, fishing, hiking, enjoying the outdoors, and bonding over campfires at the Y's week-long summer camp in Mammoth Lakes.

\$10,000:

Pays the rent on a high school gym so that 400 youth basketball players, three to 15 years old, can be active, practice new skills and learn about teamwork for eight weeks in North Valley's Youth Sports program.