

SMALL POOL SCHEDULE

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

5-11am Open Swim	5-7:55am Open Swim	5-8:55am Open Swim	5-7:55am Open Swim	5am-6:30pm Open Swim	7-8:30am Open Swim	7am-5:30pm Open Swim
	8-9am Fit & Tone Arthritis		8-9am Fit & Tone Arthritis		8:30-9:15am Arthritis Exercise	
	9-10am Arthritis Exercise	9-10am Arthritis Exercise	9-10am Arthritis Exercise		9:30am-12:30pm Swim Lessons	
11am-12:30pm San Pedro HS Open Swim	10am-3:25pm Open Swim	10am-3:25pm Open Swim	10am-3:25pm Open Swim			
12:30-3:25pm Open Swim					12:40-5:30pm Open Swim	
3:30-5:45pm Swim Lessons	3:30-5:45pm Swim Lessons	3:30-5:45pm Swim Lessons	3:30-5:45pm Swim Lessons			
5:45-6:30pm Open Swim	5:45-6:30pm Open Swim	5:45-6:30pm Open Swim	5:45-6:30pm Open Swim			
6:30-7:15pm Arthritis Exercise	6:30-8pm Swim Lessons	6:30-7:15pm Arthritis Exercise	6:30-8pm Swim Lessons	6:30-7:15pm Arthritis Exercise		
7:15-9:30pm Open Swim		7:15-9:30pm Open Swim		7:15-9:30pm Open Swim		
	8-9:30pm Open Swim		8-9:30pm Open Swim			

Please shower before entering the pool.

Open Swim:
For swimmers of all ages - children, parents, teens and adults.

Children under 8 yrs must be accompanied by an adult in the water at all times.

Children under 3 yrs must wear approved swim diapers.

