

## Family by family...

Help us pass on programs that nurture supportive, resilient and lasting relationships. Families rely on affordable YMCA programs. No matter how you describe family, the strength of the relationships between adults and children will define our society in the years to come. Thanks to donors and volunteers like you, last year your YMCA:

- ▶ Gave financial assistance to **948** families so they could participate in a Healthy Lifestyle membership and to **269** children so they could participate in YMCA child care, building character while their parents had peace of mind
- ▶ Provided Y-Little Guides, Y-Adventure Guides, Y-Trails, Y-Pathfinders, Family Fun Nights, Family Camps and other special family programs for more than **2,370** families



## Child by child...

Help us pass on opportunities. Every day, the YMCA provides a safe, caring, positive environment where young people can test their independence and develop the self-esteem needed to make the right choices. Your contribution will help:

- ▶ Provide more than **2,300** young people with summer camp in mountains, programs in dance, swimming, gymnastics, Shooting Sparks and Junior Lakers, as well as Youth & Government
- ▶ Ensure that every child and family is welcome at your YMCA through financial assistance to those in need

We build strong kids,  
strong families,  
strong communities.

*pass it on*

Torrance-South Bay YMCA  
2900 West Sepulveda Boulevard  
Torrance, CA 90505  
310-325-5885  
ymcala.org/tsb

*The YMCA is a non-profit organization dedicated to helping all people live better, healthier lives in spirit, mind and body. No one is turned away for inability to pay.*



*community support*

*pass it on*

We build strong kids,  
strong families,  
strong communities.

# The YMCA is here.

To help us all live better, healthier lives in spirit, mind and body. To ensure kids facing profound obstacles can defy expectations. To support families who don't need a hand out, but a hand up. To keep our community inclusive, caring, healthy and safe.

The YMCA does this work every day, thanks to people like you.

Join us to reach deeper, try harder and do more to improve the lives of those around us. Please pass it on.

Heidi Ashcraft  
Chair, Board of Managers

Robert Shafer  
Executive Director



## Life by life...

Help us pass on the fun of playing. It's vital that children enjoy exercise. Today, more than ever, adults and children need the support the YMCA provides to stay active, reduce stress and pass on their healthy lifestyles to the next generation. Through involvement with the YMCA, members of all ages deepen their values, their motivation to learn and their commitment to serving others. With help from you, your YMCA can:

- ▶ Serve nearly **50,000** hot, nutritious meals to older adults at four locations and provide enriching social activities
- ▶ Make certain our children defy troubling current trends and live long, healthy, caring lives

## Please give today.

▶ **You can now give online.** Simply go to [www.ymcala.org/give](http://www.ymcala.org/give) to make your contribution. Using your debit or credit card, you can make a recurring monthly, yearly or one-time donation. Contributions are also accepted at the YMCA via cash or check. Proceeds from this campaign support camperships, membership assistance and new program initiatives.

### Double the impact of your gift.

Many companies match employee gifts as part of their philanthropic efforts. Please inquire with your employer so your contribution to the YMCA can go even further to help make a difference in our community.

### Questions?

Please call Elizabeth Haig, Director of Financial Development, at 310-325-5885 ext 7630 or email [ElizabethHaig@ymcala.org](mailto:ElizabethHaig@ymcala.org) to discover other ways you can contribute and to learn more about volunteer opportunities.

The YMCA is a non-profit 501(c)3 charitable organization. Contributions are tax-deductible to the full extent of the law.

## How are others helping?

The YMCA is very grateful to these leaders who, with contributions of \$1,000 or more, passed on their spirit of giving and led the way to a better life for all.

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