

YOUTH PROGRAMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
3:30-4:00PM NEW: "Itty Bitty Cheer" Ages 4-5 Coming Soon!!	9:30-10:15AM Parent Child Gym Ages Walking-2 Gymnasium	4:00-4:30PM Hip Hop Ages 5-7 Aerobic Studio	9:30-10:15AM Parent Child Gym Ages Walking-2 Gymnasium	No Classes Currently Scheduled	9:45-10:30AM Parent Child Gym Ages Walking-5 Gymnasium	No Classes Currently Scheduled
4:00-4:30PM NEW: "Itty Bitty Cheer" Ages 6-8 Coming Soon!!	10:35-11:20 NEW: "Arts to Grow On" Picasso Mommy/ Daddy & Me! Ages Walking-2 Kid Zone	4:30-5:00PM Hip Hop Ages 8-12 Aerobic Studio	10:15-11:00AM Parent Child Gym Ages 3-5 Gymnasium		9:30-10:00AM Ballet 1 Ages 2-5 Dance Studio	
4:45-5:15PM Gymnastics Ages 2-4 Gymnasium	10:15-11:00AM Parent Child Gym Ages 3-5 Gymnasium	4:30-5:00PM Ballet 1 Ages 2-5 Dance Studio	4:00-4:30PM Gymnastics Ages 2-4 Gymnasium		10:00-10:30AM Ballet 2 Ages 6-10 Dance Studio	
5:15-5:45PM Gymnastics Ages 5-7 Gymnasium	11:35-12:35 NEW: "Arts to Grow On" Peewee Picasso Ages 3-5 Kid Zone	5:00-5:30PM Ballet 2 Ages 6-10 Dance Studio	4:30-5:00PM Gymnastics Ages 5-7 Gymnasium		10:30-11:00AM Advance Ballet Ages 6-10 Dance Studio	
	4:00-4:30PM Itty Bitty Basketball Ages 3-4 Gymnasium		5:00-5:45PM Gymnastics Ages 8-11 Gymnasium		11:00-11:30PM Itty Bitty Basketball Ages 3-4 Gymnasium	
	4:30-5:00PM Itty Bitty Soccer Ages 3-4 Gymnasium				11:30-12:00 Iddy Biddy T-Ball Ages 3-4 Gymnasium	
	5:00-5:30PM Itty Bitty Basketball Ages 5-7 Gymnasium				12:00-12:30PM Itty Bitty Basketball Ages 5-7 Gymnasium	
	5:30-6:00PM Itty Bitty Soccer Ages 5-7 Gymnasium					
	5:00-5:30PM Itty Bitty Tap Ages 2 1/2 - 5 Dance Studio					
	5:30-6:00PM Itty Bitty Tap Ages 6-8 Dance Studio					

REGISTRATION AND COST INFORMATION:

6 week Session:

February 15- March 27, 2010

Registration Begins

Facility Members: February 1, 2010

Cost \$36

(Cost \$72 Tue. & Thur. Parent&Child Gym Class)

Program Members: February 4, 2010

Cost \$72

(Cost \$144 Tue. & Thur. Parent&Child Gym Class)

6 week Session:

March 29 – May 8, 2010

Registration Begins

Facility Members: March 15, 2010

Cost \$36

(Cost \$72 Tue. & Thur. Parent&Child Gym Class)

Program Members: March 18, 2010

Cost \$72

(Cost \$144 Tue. & Thur. Parent&Child Gym Class)

6 week Session:

May 10 - June 19, 2010

Registration Begins

Facility Members: April 26, 2010

Cost \$36

(Cost \$72 Tue. & Thur. Parent&Child Gym Class)

Program Members: April 29, 2010

Cost \$72

(Cost \$144 Tue. & Thur. Parent&Child Gym Class)

CLASS DESCRIPTIONS:

Iddy Biddy Gymnastics (Ages 2-7)

Children learn teamwork and experience a sense of belonging. Tumbling and cartwheels are what keeps them coming back.

Parent and Child gym (Ages walking to 5)

Parent Child Gym not only develops the physical skills of children but helps nurture a bond with their parents for years to come.

Tap (Ages 2 1/2-8)

This class is designed for children ages 4-7 with little or no tap experience. Children will learn basic tap steps. Children will continue to learn new and interesting ways of moving their body.

Hip Hop (Ages 5-12)

This high energy class incorporates the latest dance moves along with some old favorites. Dancing fused with funky music makes this class a great workout for any youngster.

Ballet (Ages 2-10)

Children come to twirl, spin, and jump. They leave with self-confidence and a sense of achievement.

Iddy Biddy Sports (Ages 3-7)

Basic skills and fundamentals of the game is what we teach. A love for the game is what they discover.

Arts to Grow On (Ages 12 months-5 yrs.)

Picasso Mommy/Daddy and ME!

Ages 12 months – 2 years 11 months

Students can participate at the Painting Wall, Collage, Drawing and Play dough Stations. This is a very safe and age-appropriate class that focuses on fine-motor development, curiosity, discovery and FUN! Introduction of tempera paints, glitter paints, pom poms, feathers, play dough and more!

Projects and Lessons Rotate Each Session

Parent Participation is required

Cost for 6-week session: \$75

Class Min.8/Max 15

Peewee Picasso!

Ages 3-5 years old

Get ready 3-5 year olds! Let's learn about Monet! Van Gogh!

Matisse and more! Curiosity, discovery and self-expression are the focus of this fantastic class as we learn about the Master Artists!

Additional projects and lessons also include glitter paints, tempera paints, play dough, collage, water colors and more. Parents, come join the fun and see how a child can increase his or her self-esteem by participating in the art process.

Projects and Lessons Rotate Each Session

Parent Participation is Required