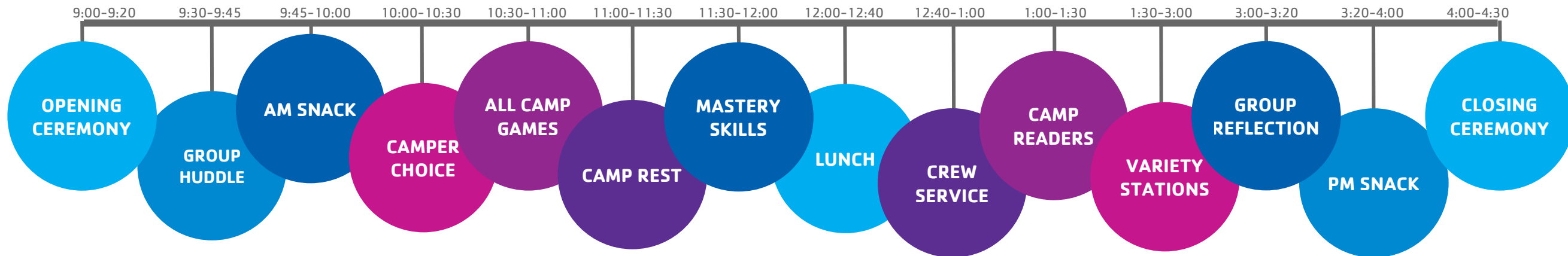


YMCA OF METROPOLITAN LOS ANGELES
FALL & WINTER BREAK DAY CAMP
 2021-2022 | School-Age Programs



SNAPSHOT OF A DAY at DAY CAMP!

A TYPICAL DAY AT CAMP**



Fall & Winter Break Day Camp: These ultra-spirited, fun-filled day camps are full of big themes, big ideas and big fun! Each week will have a different theme that will guide our activities and enrichment for the week. Set in the YMCA style of a different crazy activity each and every day, your camper will have a great time at one of our extraordinary programs. Most of our program locations are American Camp Association accredited. We are working hard to plan fun and enrichment activities to engage your child during our school break day camps.

Please visit www.ymcala.org/DayCamp for a listing of our Day Camp program locations.

CAMP WEEKLY HIGHLIGHTS

Weekly
**STEM
 ACTIVITIES**

Weekly
**ENRICHMENT
 ACTIVITIES**

Weekly
**HOLIDAY FUN &
 FRIENDS**

Our curriculum and activities meet YMCA of the USA HEPA (Healthy Eating and Physical Activity) standards and is fused with Developmental Assets (Search Institute). **Typical Daily Schedule subject to change without notice.

TYPICAL DAILY SCHEDULE AT A GLANCE**

AM Extended Care	Get an early start with AM extended care (time varies by YMCA branch)	
Opening Ceremony	Acknowledging the start and end of each day with a ritual gives your campers the chance to assemble as one large group, participate in fun and engaging routines, recognize and celebrate each other and their counselors, and experience an inclusive and positive social environment.	
Group Huddle	Getting to know their fellow campers and counselors, interests, and qualities during small-group interactions creates a positive social environment, promotes friendships among campers, and reduces and resolves behavior conflicts and bullying.	
AM Snack	Time for campers to enjoy an AM snack (provided by the parent, unless specified by the YMCA program that it is provided by the YMCA)	
Primary Day Camp Activities	Camper's Choice	This time provides campers with an important opportunity to make individual choices and feel a sense of belonging.
	All Camp Game	Celebrate time together with all camp games and activities.
	Camp Rest	Campers take time to plan for the day and set personal goals.
	Mastery Skills	During this time, campers will have a chance to select an activity to practice at least three times during a camp week. This helps them build a sense of achievement.
	Lunch	Please pack a healthy sack lunch.
	Crew Service	Cleanup time or other responsibility activities encourage campers to feel a sense of ownership for maintaining the camp. Crew activities offer a simple and fun way to build character through the Y's core values: caring, honesty, respect, and responsibility.
	Camp Readers	It is a time to unwind, relax and get centered with some great literature to help stimulate the mind.
	Variety Stations	Exploring a range of activities throughout the camp session allows campers to discover their interests and talents. Variety Stations is a time for campers to try new things and connect with others.
	Group Reflection	This is a time for individual or small-group reflection on activities or the day's events. These few moments are an important ritual to support belonging and foster relationships between campers and their counselor.
PM Snack Time	Time for campers to enjoy an PM snack (provided by the parent, unless specified by the YMCA program that it is provided by the YMCA)	
Closing Ceremony	Acknowledging the start and end of each day with a ritual gives your camp the chance to assemble as one large group, participate in fun and engaging routines, recognize and celebrate campers and counselors, and experience an inclusive and positive social environment.	
PM Extended Care	For working families, we offer PM extended care, (time varies by YMCA branch)	

COVID-19 Safety Precautions

Our top priority is the health and safety of our participants, their families, our staff and the community. We are working closely with local health officials, the American Camp Association and the Department of Public Health to ensure all recommended safety measures are met.

Our current program ratios are 1 YMCA staff member for everyone 12-14 children, with a maximum of 14 children per room/cohort. All facilities are cleaned throughout the day and deep cleaned throughout the week. For a complete listing of our COVID-19 safety guidelines, please see our Program Handbook.

While the COVID-19 virus is challenging us to make camp look different this year, you'll find the same high-quality camp experience you've come to expect from the Y. Since 1882, our camps have inspired kids with countless opportunities to laugh, lead and make lasting friendships, and we vow to continue that tradition!

YMCA OF METROPOLITAN LOS ANGELES

Day Camp Programs

Contact us at

ChildCare@ymcala.org

Visit our website at

www.ymcala.org/DayCamp

Download our Parent Handbook at

<https://tinyurl.com/59kyy5hx>

****Schedule is subject to change without notice.
Schedule will vary by YMCA Branch and Program Site.**