

YMCA OF METROPOLITAN LOS ANGELES FREE ENRICHMENT DAY CAMPS

Fall & Winter Break 2021 | Community Empowerment Hub Program



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SNAPSHOT OF A DAY at ENRICHMENT CAMP

A TYPICAL DAY AT ENRICHMENT CAMP**

AM ACTIVITIES: ACADEMIC RECOVERY, EDUCATIONAL ENRICHMENT, SKILLS DEVELOPMENT

8:15am-9:00am	9:00am-9:15am	9:15am-9:30am	9:30am-10:15am	10:15am-11:00am	11:00am-11:30am	11:30am-12:00pm
OPENING	GROUP HUDDLE	AM SNACK	EDUCATIONAL ENRICHMENT	RECREATIONAL ENRICHMENT	MASTERY SKILLS DEVELOPMENT	CAMP READERS & LITERACY

PM ACTIVITIES: TRADITIONAL DAY CAMP ACTIVITIES

12:00pm-12:40pm	12:40pm-1:00pm	1:00pm-1:15pm	1:15pm-2:45pm	2:45pm-3:00pm	3:00pm-3:30pm	3:30pm-3:45pm
LUNCH & OUTDOOR PLAY	CREW SERVICE	CHARACTER DEVELOPMENT	VARIETY STATIONS	GROUP REFLECTIONS	PM SNACK & OUTDOOR PLAY	CLOSING

YMCA Community Empowerment Hub Partnership with the City of Los Angeles. Our FREE Fall & Winter Enrichment Day Camps are being offered free-of-charge to families who are income-eligible residents of the City of Los Angeles. Our Free Fall & Winter Break Enrichment Day Camps are provided to the community in partnership between the YMCA and the City of Los Angeles. Our Free Fall & Winter Break Enrichment Day Camps provide children with the academic support and learning recovery that they need to position them for success in the throughout the school year. Our programs are a combination of learning and fun. Children will spend the first half of the day taking part in academic enrichment and the second half of the day engaged in traditional day camp activities. Arts and crafts, sports and games, recreation, leadership development, diversity and inclusion, service-learning, 21st century skills, academic prep and more await!

ENRICHMENT CAMP WEEKLY HIGHLIGHTS

Weekly
STEAM
ACTIVITIES

Weekly
EDUCATIONAL
ENRICHMENT

Weekly
HOLIDAY FUN
WITH FRIENDS

Our curriculum and activities meet YMCA of the USA HEPA (Healthy Eating and Physical Activity) standards and is fused with Developmental Assets (Search Institute). **Typical Daily Schedule subject to change without notice

TYPICAL DAILY SCHEDULE AT A GLANCE**

Opening Ceremony	Acknowledging the start and end of each day with a ritual gives your campers the chance to assemble as one large group, participate in fun and engaging routines, recognize and celebrate each other and their counselors, and experience an inclusive and positive social environment.	
Group Huddle	Getting to know their fellow campers and counselors, interests, and qualities during small-group interactions creates a positive social environment, promotes friendships among campers, and reduces and resolves behavior conflicts and bullying.	
AM Snack	Time for campers to enjoy an AM snack (provided by the parent, unless specified by the YMCA program that it is provided by the YMCA)	
Primary Enrichment Camp Activity Time	Educational Enrichment	After a school year of virtual learning, campers will engage in educational and academic enrichment activities, designed to stimulate their problem solving and critical thinking skills, while helping to bridge the learning loss gap and help campers recover academically.
	Recreational Enrichment	Youth fitness, sports, outdoor games and active play. Campers can break free and cut-the-cord, while enjoying the great outdoors.
	Mastery Skills	During this time, campers will have a chance to select an activity to practice at least three times during a camp week. This helps them build a sense of achievement.
	Camp Readers & Literacy	It is a time to unwind with some great literature to help stimulate the mind and prevent Learning Loss.
	Lunch	Please pack a healthy sack lunch.
	Crew Service	Cleanup time or other responsibility activities encourage campers to feel a sense of ownership for maintaining the camp. Crew activities offer a simple and fun way to build character through the Y's core values: caring, honesty, respect, and responsibility.
	Character Development	Each day, campers will take a moment to development themselves: social responsibility, diversity & inclusion, global learning, service projects, community involvement and advocacy.
	Variety Stations	Exploring a range of activities throughout the camp session allows campers to discover their interests and talents. Variety Stations is a time for campers to try new things and connect with others in their group.
Group Reflection	This is a time for individual or small-group reflection on activities or the day's events. These few moments are an important ritual to support belonging and foster relationships between campers and their counselor.	
PM Snack Time	Time for campers to enjoy an PM snack (provided by the parent, unless specified by the YMCA program that it is provided by the YMCA)	
Closing Ceremony	Acknowledging the start and end of each day with a ritual gives your camp the chance to assemble as one large group, participate in fun and engaging routines, recognize and celebrate campers and counselors, and experience an inclusive and positive social environment.	

COVID-19 Safety Precautions

Our top priority is the health and safety of our participants, their families, our staff and the community. We are working closely with local health officials, the American Camp Association and the Department of Public Health to ensure all recommended safety measures are met.

Our current program ratios are 1 YMCA staff member for everyone 12-14 children, with a maximum of 14 children per room/cohort. All facilities are cleaned throughout the day and deep cleaned throughout the week. For a complete listing of our COVID-19 safety guidelines, please see our Program Handbook.

While the COVID-19 virus is challenging us to make camp look different this year, you'll find the same high-quality camp experience you've come to expect from the Y. Since 1882, our camps have inspired kids with countless opportunities to laugh, lead and make lasting friendships, and we vow to continue that tradition!

YMCA OF METROPOLITAN LOS ANGELES

Community Empowerment Hubs Learning Pod Programs

Contact us at

DistanceLearning@ymcala.org

Visit our website at

www.ymcala.org/DayCamp

Download our Parent Handbook at

<https://tinyurl.com/59kyy5hx>

****Schedule is subject to change without notice.
Schedule will vary by YMCA Branch and Program Site.**