



WHAT WE DO

At the Y, we create opportunities for people to improve their lives and their communities. Through empowering young people, improving individual and community well-being, and inspiring action, we aim to create meaningful change across the country.

OPPORTUNITIES FOR ALL

The Y welcomes everyone, which is why our programs, services and initiatives are so wide ranging. We inspire kids to realize their potential, prepare teens for college and career, provide opportunities for families to bond, and support people of all ages and backgrounds to be healthier in spirit, mind and body. And that's just the beginning.

Dear Friends of the Y,

This past year and a half created a unique set of challenges that tested the perseverance and dedication of the Torrance-South Bay YMCA in serving our South Bay community. At the onset of the pandemic in March 2020, we had to close our facility to the public, resulting in the loss of income from membership fees and program service fees. Further closure effects included furloughing a majority of our staff, paying for unemployment and accrued vacation time for furloughed staff and continuing to fund building maintenance expenses. Our branch has gradually reopened and we are working towards reinstating staff, welcoming back members and reopening child care sites and senior centers.

Never before have our values of Social Responsibility been more important. In response to the COVID-19 national health emergency and associated closures, our branch initially pivoted to providing emergency childcare to hospital and essential workers in the community as well as meal delivery to seniors forced to isolate due to stay at home orders. Over time, the branch evolved our services to distance learning support for children, engagement and outreach to seniors, outdoor fitness classes for members, youth skills clinics and overnight summer camps, and community response through blood drives, food drives and service projects.

The Board of Directors of the YMCA of Metropolitan Los Angeles, which includes the Torrance-South Bay YMCA, recently announced their strategic vision to focus on the five key areas of healthy living, sports, education, youth and teens, and food insecurity. The Torrance-South Bay YMCA is proud to show in the upcoming pages how our branch is implementing those strategic priorities.

We look to our community – our Board of Managers, volunteers, donors, members and partners – to aid in our recovery so we can reinstate various programs, resources and services for our South Bay families.

The YMCA has remained committed in its mission and will continue to do so by providing financial assistance to those who need it, expanding childcare support as students are brought back on campus, continuing to support seniors and those experiencing food insecurity, and ensuring that no one is turned away from the YMCA due to the inability to pay for programs or services.

Together in community,

Steve

Steve MacAller Torrance–South Bay YMCA Executive Director

Harif Hazi

Hanif Haji Beach Cities Child Development Center Volunteer Chair, Board of Managers







HEALTHY LIVING

Nurturing Your Well-Being

Having a healthy spirit, mind and body has always been a core value of the Y because living a healthy lifestyle benefits your physical health, improves your mood, boosts your energy, and combats isolation by bringing people together.

During the pandemic closure, the Y offered virtual Y fitness and wellness classes to keep members active and healthy. Once we were able to partially reopen, we offered safe, outdoor exercise classes. Eventually classes were moved indoors, more classes were added, and swimming was able to reconvene while adhering to COVID-19 protocols and safety procedures.

By implementing the **LA Y App** in 2021, Y members were able to reserve a socially distanced spot for group exercise classes, lap swimming, water fitness, personal training, and the Child Activity Center.

As a commitment to our community's health during the pandemic, the Y also hosted five Red Cross blood drives, a free COVID-19 vaccine clinic, and an outdoor COVID-19 testing site.









SPORTS

Bringing the Joy of Recreation to Our Youth

The Y has partnered with the Los Angeles Sports Council to bring fun and interactive sports classes and clinics like Los Angeles Clippers® basketball, Los Angeles Galaxy® soccer, and Los Angeles Kings® ball hockey to our communities.

Through positive coaching, these programs teach young athletes the fundamentals of the game while building their confidence, getting them active, and helping them learn valuable lessons in teamwork, sportsmanship, and leadership.

Equity, Girls & Sports online panel discussions helped to promote health and wellness, self-confidence, teamwork, decision-making and social skills, and, above all, perseverance. Women in sports smash gender stereotypes, providing inspiring role models for all girls, and portraying gender equality.

YMCA PLAY (Physical Learning Activities for Youth) is rooted in the idea that every moment is a teaching moment. A well-designed play program is all fun and games to the kids, and a science to the coach. Our daily objectives are simple: Make kids laugh, sweat and learn while cultivating genuine kindness, respect and responsibility.









EDUCATION

Ensuring Success

The Y's educational programs and initiatives are ensuring that every child has the tools they need to get the education that they deserve.

During the pandemic shutdown and COVID-19 restrictions, the Y offered safe, **distance learning support programs** with virtual and/or in-person tutoring to help make sure our children didn't fall behind in school and to help them recover any lost learning.

As the Y reopened in spring of 2021, we offered dozens of day camps and youth development classes for kids of all ages and interests. Y camps and classes give kids the opportunity to try something new like STEM, theater, crafts, sports, dance and so much more!

As part of the Y's youth development curriculum, we focus on five core values – caring, honesty, respect, inclusion and responsibility. In addition, we incorporate key learning skills between transitional kindergarten-12th grade including critical thinking, creativity, collaboration and communication.

STRATEGIC PRIORIT













TEEN ENGAGEMENT

Today's Teens are Tomorrow's Leaders

The Y has an incredible offering of programs that are designed to engage kids and teens and transform them into our next generation of change makers.

BOLD GOLD, Youth Institute, and summer overnight camps located in the Angeles National Forest provide our children with an escape from life in the city where they'll make lifelong friends and learn incredible life lessons.

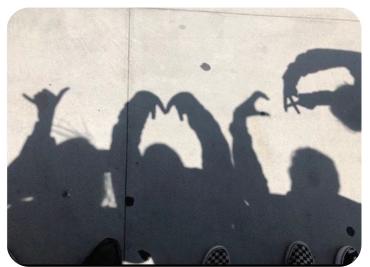
Our **Teens & Government** program for high school students focuses on municipal government and local activity. Our teen delegates debate their bills in committees, then on the floor of the Assembly and Senate, and if passed, their bills are sent on to the Youth Governor.

The Y's 2020 **"Get Summer"** virtual teen initiative engaged hundreds of teens in health and mental wellness challenges during the summer.

Our **Youth Advisory Council** has had a great year leading our teens in virtual engagement events including Teen Trivia Night and a Virtual Teen Wellness Week.









FOOD INSECURITY

Committed to Supporting Our Neighbors

Due to statewide stay at home orders, all of the seniors we served daily lunches to prior to March 13, 2020 were suddenly required to isolate at home. In addition, many more seniors found themselves in need of food due to the risk involved with visiting local stores or restaurants.

The YMCA converted from our congregate meal program to 100% home delivery meals from March 16 through May 31, 2020 and expanded service from 5,500 meals annually to over 9,500 meals per month. We have maintained that volume and offer a weekly fresh and frozen meal pickup service for those seniors who are able to do so, and we are continuing home delivery for those who need it.

We anticipate that our efforts will reduce food insecurity among seniors in isolation and are committed to offering this service with the support of volunteers to our senior communities in Torrance, Redondo Beach, Carson, Hawthorne, and Lennox through all of 2021.













WHY I GIVE Dean Reuter

"Real generosity toward the future lies in giving all to the present."

– Albert Camus

Since 2011, **Dean and Susan Reuter** have remained committed to the YMCA's programs, resources and services provided to the youth, families and seniors in our community.

After speaking with Jerry Marcil (current board member) and Bob Shafer (former Y Executive Director) and learning about the amazing impact the Torrance-South Bay YMCA was making in the local community, Dean joined the Board of Managers' leadership committee. Since then, he has become a loyal donor, passionate campaigner, and community ambassador for our organization. Dean currently serves as the Chair of the Property and Safety Committee, a group of board members and staff who manage the building safety and maintenance policies.

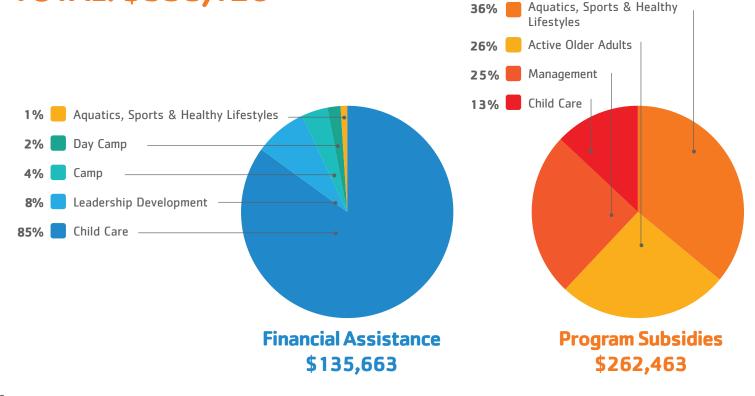
When Dean reflects on a meaningful service provided by the Y, he thinks about his neighbor, Mary, who shared with him how much she enjoyed the senior meals and how it has helped her make friends and create her own community. Knowing someone personally who has benefited from the Y's services motivates Dean to serve as a major gifts campaigner to help raise critical dollars needed to continue funding the Y's mission.

Dean and Susan Reuter have recently joined the President's Club demonstrating their generous commitment to the future preservation and legacy of the Torrance-South Bay YMCA.



HOW WE SUPPORT THE COMMUNITY

TOTAL: \$398,126





YMCA ACCOMPLISHMENTS

Offered FREE
weekday COVID-19
testing to
thousands
of patients

\$115,000
in financial aid
for child care

Served
114,000
senior meals
for home delivery
& pickup

Provided child care for 1,200+ hospital worker families at TMMC

Assembled
1,400
face shields
for essential
workers

10+ essential worker families continued child care as it transitioned back to the Y

9 Youth
Advisory Council
Members
continued virtually
for Y&G

Served
1,200+
seniors
since March 2020

160+
students
per week
participated in
distance learning

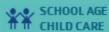
Offered dozens
of fitness &
wellness classes
virtually &
outdoors

Supported
100+ teens
in summer teen
leadership
programs

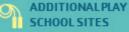
300+ youth participated in outdoor sports clinics since 2021



PROGRAM SITES & SERVICE AREA



Adams Elementary Anza Elementary* ArlingtonElementary* Arnold Elementary* Edison Elementary* Hickory Elementary* Lincoln Elementary Riviera Elementary Seaside Elementary Torrance Elementary* Towers Elementary* Victor Elementary* Walteria Elementary* Wood Elementary* *Also PLAY SCHOOL SITES



SCHOOL SITES

Fern Elementary Yukon Elementary



PARENT-CHILD



SENIOR NUTRITION& SOCIALIZATION

Carson Community Center Hawthorne Senior Center Lennox Community Center Perry Park Senior Center Torrance-South BayYMCA



DAY CAMP

Charles Wilson Park



TORRANCE-SOUTHBAY YMCA



YOUTH INSTITUTE

North High School

SUMMER SLEEPAWAY CAMP

High Siema Marcil

Whittle



Not all schools are open in 2021 due to the pandemic.



PRESIDENT'S CLUB

President's Club honors those who have shown a long-term commitment to the Y by making either a direct contribution to the endowment fund or by including the Y in their estate planning.

Helen and Marshall Anear Anonymous William and Linda Applegate Michael and Rebecca Austin Robert and Marilyn Baker Steve and Betsy Barrie Alfred M. Bartick Martin Bauer Lawrence and Patricia Beymer Kenneth and Lois Blake Virginia Bourbonnais Barbara Burgess Stephen and Virginia Burns John and Barbara Cairns David and Francine Cason Sue Linder Clavin Athena Paquette Cormier and Tom Cormier Ronald and Norma Day Gilbert and Ethel Derouin Arleigh and Linda Dotson Ed Escovar

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GEORGE WILLIAMS SOCIETY

Members of our honored George Williams Society have cumulatively given outright and irrevocable deferred gifts of \$100,000 or more to our YMCA of Metropolitan Los Angeles Association.

GOLD TRIANGLE

(\$1,000,000+)

Bank of America
Marvin and Patricia Clarke
County of Los Angeles
Kaiser Permanente South Bay
Medical Center
Los Angeles Lakers Youth
Foundation
Gerald and Carol Marcil
The Kenneth T. and Eileen L.
Norris Foundation
Southern California Building Funds
Toyota Motor Sales, U.S.A., Inc.

SILVER TRIANGLE

(\$500,000 - \$999,999)

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(\$250,000 - \$499,999)

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Surf Management, Inc.
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Torrance Rod and Gun Club Watson Land Company Weingart Foundation

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(\$100,000 - \$249,999)

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Sharon and Omid Kalani

^{*} New Member



CHAIRMAN'S ROUND TABLE

Annual contributions from those in our Chairman's Round Table help us to achieve so much more as we promote youth development, healthy living, and social responsibility in our community. Thank you to the following individuals and organizations for generously giving \$1,500 or more to our Torrance-South Bay YMCA from August 1, 2019 to August 1, 2021.

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(\$25.000+)

American Honda Motor Co., Inc. Kaiser Permanente South Bay Medical Center Jerry and Carol Marcil Steve and Lori Fechner: Surf Management, Inc.

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We are thankful for non-monetary gifts of all kinds received from the following donors to help us continue our work fostering our children's growth, encouraging wellness and healthy choices, and nurturing an environment of caring and support.

American Honda Motor Co., Inc.

William C. Applegate

Dean J. Beresford

Athena Paquette Cormier

Amy Ehrenkranz

Ganahl Lumber

Hanif Haji

Michael McKinney



MEMORIAL & HONOR GIFTS

Thank you to the following individuals who made a charitable contribution in honor of a friend or family member this past year.



IN HONOR OF SHARON DROBKA

Andrew M. Filak

IN HONOR OF HANIF HAJI

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IN HONOR OF ERIN INABA

Anonymous

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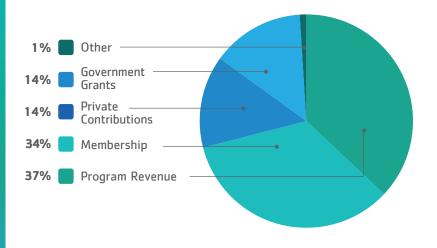
2021

Kasey Babb Owen Babb Noah Chan Michael Cruz Israel Figuero Cassie Lewis Abel Gonzalez Gino Gonzalez Savitha Shankar

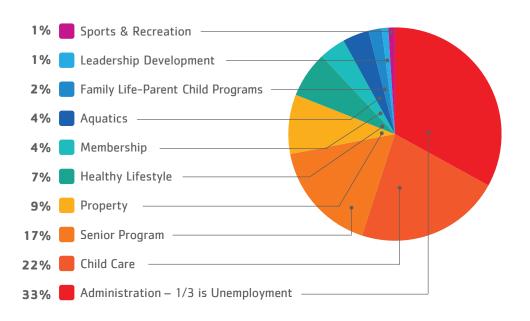


USING RESOURCES WISELY

TOTAL INCOME: \$6,742,128



TOTAL EXPENSES: \$7,290,542





STAFF LEADERSHIP

Stephen MacAller

Executive Director

Associate Executive Director

Erin Inaba

Vicky Sargent

Operations Executive Director

Veronica Mireles Regional Sports Director

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TORRANCE-SOUTH BAY YMCA

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For more information about the Impact Report or for additional copies, please contact the Financial Development Department:

Zariena Duffy

Development Assistant

Kristin Ishida

Volunteer Coordinator