

# BLACK HISTORY MONTH AT THE YMCA

## Let's Celebrate Together

The history of the YMCA, like the history of the United States, is a story of incremental progress toward greater inclusion and equity for all. The same is true for Black History, both inside and outside of the Y.

Our African American Resource Network (AARN) wants to celebrate our past by honoring those that came before us, and making it possible to elevate our leaders of the future. We have various events and activities available for members and staff to immerse themselves in the Black/African American experience virtually and locally. Embracing cultural diversity goes beyond recognizing and tolerating cultural differences though – it calls for respect of diversity, and a commitment to communicate and foster reciprocal relationships with people from all cultures.

This is our goal for February and beyond!

Please reach out if you have ideas or want to learn more about the AARN.



**Join the AARN**  
**[www.ymcala.org/AARN](http://www.ymcala.org/AARN)**



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## Read with us!



Read with us and learn about the Black experience.

- The Souls of Black Folk
- The Bluest Eye
- I Know Why The Cage Bird Sings
- I Am Enough
- Uncomfortable Conversations with a Black Man.

[Black Books](#)

## Eat/ Shop with us!



There are Black-owned businesses across Los Angeles that you can support during Black History Month and beyond.

Check out this guide to support local businesses during February and all year long.

[Discover Black LA](#)

## Dance with us!



Add this Spotify playlist to your commute, run or hanging out with friends.

[Spotify BHM Playlist](#)



# BLACK HISTORY MONTH AT THE YMCA

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## Hang with us!



### State of the Black Family

2/19

Black History Month Career Fair, Family activities, and workshops to enhance your community.

Hosted by the Crenshaw YMCA.



### We Wear Black

2/25

The National African American Resource Network invites you and your Y to join us for We Wear Black on February 25, to take a stand against injustice and racism in all forms.

We Wear Black to bring awareness to systemic racism and oppression of Black people in the United States and around the globe. Join us. Take a Stand.



### DOC Presents:

2/28

### The Black Experience

Join the Californian YMCA Delegates of Color Caucus as they host teens from around the country in a conversation about Black history, and what the Black future can look like.

