



YMCA OF
METROPOLITAN
LOS ANGELES

Community
Impact 2022



Today. Tomorrow. Together.

“The Y is the **best investment** in Los Angeles County and beyond.”

— **Andrew E. Crowell**, Vice Chairman, Wealth Management, D.A. Davidson & Co., Chair of the Board of Directors



600,000+
Angelenos

Discovered overall
longterm well-being
by combining
disease prevention
with social
interaction.



47,000+
Youth

Engaged in
recreation, sports,
and PLAY to reduce
obesity and create
a lifelong desire to
exercise.



21,000
Seniors

Stayed healthy,
kept connected to
their community,
and received
emotional support.



9 million
Pounds

Of fresh produce
provided for our
neighbors facing
hunger, including
homebound seniors.



20,000
Children

Served through
low- or no-cost
child care, day camp,
and preschool to
help essential
workers and
community members
return to work.



TOGETHER, WE MAKE POSSIBLE HAPPEN.

2022 Contributions in Action

Sports

The Y empowers kids to develop lifelong, healthy habits from the inside out.

- » More than 20,000 children and teens are engaged in sports programs, gaining confidence and building positive relationships with adults and kids alike.
- » Over 10,000 girls served through the Girls, Equity, and Sports Initiative.

Youth & Teens

The Y empowers young people to be confident and engaged global citizens who work to strengthen their communities.

- » 14,460 teens served through virtual and hybrid programs, volunteer, civic engagement, and leadership opportunities.
- » 2,637 teens participate in the Y's Get Summer Teen Initiative free of charge.

Education

The Y ensures that every child has an opportunity to pursue their best possible future.

- » Over 1,300 families with children ages 0-5 served through our Family Engagement and Early Learning efforts.
- » More than 20,000 in after-school child care programs received homework help and enrichment activities, keeping them active and learning.

Healthy Living

At the Y well-being activities go well beyond just working out to helping us find our purpose.

- » Assisted 109,000 community members with financial assistance for YMCA programming, services, and support to live healthier lives.
- » The Y's signature Healthy Kids Day event inspires more than 2,000 families to instill healthful habits.

Nourishing Our Communities

The Y works year-round to ensure no one goes hungry in Los Angeles County.

- » 9 million pounds of fresh produce for those in need, including homebound seniors.
- » 2.6 million Grab & Go meals served at the Ys throughout Los Angeles County.

"Your donation to the YMCA of Metropolitan Los Angeles Annual Campaign strengthens our community. 100% of your tax-deductible helps ensure every child, teen, adult, senior, and family has a safe and healthy place to reach their full potential."

— Victor Dominguez, President & CEO, YMCA of Metropolitan Los Angeles