

YMCA of Metropolitan Los Angeles

The Center for Community Well-Being



With centers across the Los Angeles region, the LA Y is uniquely positioned to be there for all Angelenos at all phases of life. We meet people where they are, offering more than just fitness. Whether it's a safe space for kids, a place to give back through service, or a hub for lifelong learning, they'll find it here. Because at the Y, community well-being isn't a program, it's our purpose.



OVER 3.9 MILLION

pounds of food distributed to families in need.



9,000+ CHILDREN

and adults taught swim safety skills and lessons.



50,000+

community members engaged in work building a safer, healthier LA.



2,450+ YOUTH

enrolled in California YMCA Youth & Government programs, learning citizenship and diplomacy.



23,000 + ENROLLED

youth and teens connected to sports and programs - developing life long skills and passions.



\$3M + GRANTED

in financial assistance to ensure access for all to Y centers and programming.

I joined about a year ago. It has been a life-changing experience. We come in all shapes, colors, ages, and genders. We have lots of differences, but most importantly, lots of things in common. We genuinely care about each other.

- Member, Torrance South-Bay YMCA



ymcaLA.org

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The Center for Community Well-Being: 2024 Accomplishments



Supporting the LA Y gives the opportunity for children, youth, families, and communities to access swim lessons, game winning shots, build meaningful connections, and to lay the foundation for a generational impact. There is a way for everyone to get involved at the Y.

VOLUNTEERING

- Together in Service launched with the goal of 25million hours of service by 2029.
- Over 15,500 Volunteers contributed 100,000 hours of service.

EXPANSION

Our reach grew through the opening of the:

- Koreatown Center for Community Well-Being;
- MidValley Training Centers;
- and the groundbreaking of the Kolar Family YMCA in Downey.

EVENTS

- 10,000+ children, youth, and their families attended events like Girls Empowerment Day and Healthy Kids Day.
- 52,475 Community members served through 114 free events.



SCAN TO LEARN MORE TODAY!

Be Well. Do Good. Lead Change.

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