



THE CENTER FOR
**COMMUNITY
WELL-BEING**

YMCA OF METROPOLITAN LOS ANGELES

STRONGER IN EVERY WAY

With the support of our communities, partners, and officials across the region the LA Y has provided a place for everyone at every stage to get strong and belong.



110,000+

Members served across the Los Angeles region at our Centers for Community Well-Being

8M+

Pounds of food distributed, delivered, and shared with communities in need through FeedLA

13,000+

Teens ages 12-18 granted free access to Y centers from June-August through Get Summer initiative

37,600+

Participants in swim lessons and critical water safety education.

30,000+

Volunteers engaged across the county through fire relief, food distribution, youth sports, and more

Over \$3 million was given in financial assistance last year to provide critical supports and create access for every child, youth, adult, and senior to have a safe and healthy place to reach their full potential.

YMCA OF METROPOLITAN LOS ANGELES

Contact MarioValenzuela@ymcaLA.org to learn more about our Impact and to get Involved.



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KEY MILESTONES OF 2025



When wildfires threatened families across Los Angeles, the LA Y opened its doors as cooling and relief centers—providing safety, shelter, and critical resources to 90,000+ community members.



Through Healthy Kids Day and Girls Empowerment Day, the LA Y engaged tens of thousands of youth across Los Angeles in empowering experiences that built confidence, sparked dreams, and revealed potential.



This year, the LA Y expanded mental health services, art therapy, foster youth resources, financial assistance, and the New American Welcome Center services—ensuring thousands of Angelenos were not alone in overcoming barriers.



In 2025, we launched transformational campaigns to rebuild and expand YMCA access in Pacific Palisades and Inglewood, while celebrating new facilities, community events, and the official launch of the LA Y as the Center for Community Well-Being.

“Having the Y here for us means a lot to me and my family. The Y has helped us by providing mental health services, workshops, and food distribution. It’s made a big impact on me and my family, all of this gives us hope. It gives my children hope that there are people who genuinely care and helps us move forward.”

- ALYSSA, MEMBER, MOM, FIRE SURVIVOR

From first swim lessons and summer camp memories to senior fitness classes, the Y creates meaningful experiences that last a lifetime.

Learn more at ymcaLA.org

**SCAN TO
LEARN MORE
TODAY!**

