

BE WELL. DO GOOD. LEAD CHANGE.

TEENS

YOUTH & GOVERNMENT

Middle & high schoolers don't just learn democracy, they live it, stepping into model government, finding their voices and debating real-world issues, and building the skills to make change in their communities and beyond.

Model Legislature & Court
September–February
9th–12th Graders

Model United Nations
October–May
6th–8th Graders



Kristy Hernandez
Youth & Teen Director
KristyHernandez@ymcaLA.org

FEEDLA



Free produce distribution for our communities! When families need support, FeedLA is there with more than a meal. It's a moment of relief, a bridge to belonging.

Distribution Day & Time:

Thursdays 9:30 AM–12:00 PM

Dyanti Hernandez
Community Resource Coordinator
DyantiHernandez@ymcaLA.org

The Y: For Youth Development, Healthy Living & Social Impact

SPECIALTY CLASSES

PERSONAL TRAINING

Reserve your consultation on our App!

	Express	PT
4x/month	\$180	\$280
8x/month	\$320	\$520
12x/month	\$420	\$720

Personal Trainers

Javier Lara | JavierLara@ymcaLA.org
Dierra Ikner | Dierralkner@ymcaLA.org

PRIVATE SWIM LESSONS

Looking for more personalized help? In private swim lessons, you focus on what matters most to you—whether that's learning the basics, improving your stroke, or just feeling more at home in the water.

Days	Member
2x/week	\$360
1x/week	\$180

Ages: All



Follow us on
Social Media

SANTA ANITA FAMILY YMCA

YOUR CENTER FOR COMMUNITY WELL-BEING



THE CENTERS FOR
COMMUNITY
WELL-BEING.

Facility Hours:

Monday – Friday
6:00 AM–9:00 PM

Saturday
7:00 AM–2:00 PM

CAC Hours:

Monday – Thursday
4:30 PM–7:30 PM

Saturday
8:30 AM–1:30 PM

Pool Hours:

Monday – Friday
6:00 AM–12:00 PM
3:00 PM–8:30 PM

Saturday
7:00 AM–1:30 PM

MEMBERSHIP

\$50 One-Time Joining Fee

Member Rates

Adult	Family	Senior	Teen
\$57	\$87	\$51	\$25

Financial Assistance
Guest Access
Refer-A-Friend
Fitness Consultation
Corporate Membership
Nationwide Membership
Insurance Paid Membership

**SCAN HERE
TO SIGN UP!**



Kristin Becerra
Interim Membership Coordinator
KristinBecerra@ymcaLA.org

Gabriel Gonzalez
Executive Director
GabrielGonzalez@ymcaLA.org

Alicia Hagen
Associate Executive Director
AliciaHagen@ymcaLA.org



SANTA ANITA FAMILY YMCA

501 S Mountain Avenue, Monrovia, CA 91016
P 626 359 9244 W ymcaLA.org/Santa-Anita

Learn more at:
ymcaLA.org/Santa-Anita

AQUATICS

SWIM LESSONS

Days	Member	NM
2x/week	\$135	\$270
1x/week	\$85	\$170

Ages: All

SWIM TEAM

Tuesday/Thursday

6:00 PM-7:00 PM

Saturday

10:00 AM-11:00 AM

Days	Member	NM
T/TH/SAT	\$180	\$360
T/TH	\$160	\$320
SAT	\$90	\$180

Ages: 6-17



LAP & OPEN SWIM

Monday-Friday

6:00 AM-12:00 PM

3:00 PM-8:30 PM

Saturday

7:00 AM-1:30 PM

WATER EXERCISE

Monday

6:30 PM-7:15 PM

Tuesday

10:00 AM-10:45 AM

Wednesday

8:30 AM-9:15 AM

Thursday

7:00 PM-7:45 PM

Friday

8:30 AM-9:15 AM

YOUTH CLASSES

KARATE

Monday & Thursday

Karate I: Ages 5+

4:30 PM-5:00 PM

Karate II: Ages 10+

5:00 PM-5:50 PM | \$15

Karate III: Ages 13+

6:00 PM-7:30 PM | \$15



CRAFT ACADEMY

Wednesday

Ages 8-13 | \$5

4:30 PM-5:20 PM

Ages 4-7 | \$5

5:30 PM-6:20 PM

GUITAR HEROES

Saturday

Level 1: Ages: 7-15

12:45 PM-1:45 PM

JUNIOR CHEFS

Tuesday / Thursday

4:30 PM-5:30 PM

Ages: 6-12 | \$10

DANCE

Rhythm and Flow

Wednesday: Ages: 6-12

4:30 PM-5:15 PM

Thursday: Ages: 8-12

6:15 PM-7:00 PM

Just Dance

Saturday: Ages 4-12

10:15 AM-11:00 AM

SPORTS ZONE

Monday

4:00 PM-4:45 PM

Ages: 4-8



Abril Gonzalez
Youth & Family Coordinator
AbrilGonzalez@ymcaLA.org

YOUTH SPORTS

Ask our member services representatives about our current sports offerings!

Youth Sports are FREE with a Family Membership!
NFL and NHL Leagues have uniform/enrollment fees

Fall II 2026: Jr. Clippers Basketball, LA Kings Street Ball Hockey, and NFL Flag Football.

Sameerah Bradford
Sports Lead

SameerahBradford@ymcaLA.org



HEALTHY LIVING

Reserve your class on our App!

MONDAY

Yoga

6:10 AM-7:00 AM

Balance & Mobility

8:30 AM-9:15 AM

Cardio Dance

6:00 PM-6:45 PM

TUESDAY

Boot Camp

7:30 AM-8:10 AM

Chair Exercise

9:00 AM-9:50 AM

Fast & Strong

5:00 PM-5:50 PM

Yoga

7:00 PM-7:50 PM

WEDNESDAY

Mat Pilates

9:00 AM-9:50 AM

Cardio Kick

10:00 AM-10:50 AM

Cardio Dance

6:00 PM-6:45 PM

Zen Yoga

7:30 PM-8:20 PM

THURSDAY

Yoga

7:00 AM-7:50 AM

Muscle Conditioning

9:30 AM-10:20 AM

Fast & Strong

5:00 PM-5:50 PM

HIIT Blast

6:30 PM-7:20 PM

FRIDAY

Muscle Conditioning Express

9:00 AM-9:35 AM

Cardio Dance

10:00 AM-10:45 AM

Chair Exercise Express

11:00 AM-11:35 AM

SATURDAY

Boot Camp

7:30 AM-8:20 AM

Yoga

9:00 AM-9:50 AM



Michael Heger
Aquatics Coordinator
MichaelHeger@ymcaLA.org

Ryan Mittwer
Sports & Well-Being Director
RyanMittwer@ymcaLA.org